

what inspires *ME*

NEW!

New Paltz artist finds inspiration in 'Life'



"Summer Sunday" by Stacie Flint. COURTESY PHOTO



"Goldfish" by New Paltz artist Stacie Flint.



Stacie Flint COURTESY PHOTO

Although I make conscious decisions while constructing the painting, and use of color, energy and movement, it is mostly unconscious. It is play, joy! and Life!

New Paltz artist Stacie Flint is a member of Long Reach Arts. Her work has been exhibited and published throughout the United States and Europe, and are in many public and private collections. It has been published as magazine covers, children's book illustrations and CD covers. Visit www.stacieflint.com.

By Stacie Flint

For the Poughkeepsie Journal

Editor's note: What Inspires Me is a regular feature in Enjoy! that asks visual and performing artists about the passions that motivate them. If you are an artist and would like to write about your passion for this feature, email bfarrell@poughkeepsiejournal.com.

What inspires me? I find it difficult to analyze and describe the process. Painting is my relationship of conscious and unconscious; considered and unknown; story and potential; limited and expansive; life and "Life."

I like to play, using color, energy, movement and story as tools to develop my ideas on canvas.

Conceptually, I consider the relationship of Life to life. Life, with a capital "L," is unlimited, good-feeling, creational energy and joy! Life, with a lower-case "l," is my limited everyday point of view.

I paint to physically actualize a direct experience of this relationship,

which is accessed through the uncontrolled joy of painting.

While in my studio, the blank canvas is an uncharted world into which I can step. I don't know how

it happens, but as I creatively put together relationships of people, pets and objects, consciously and unconsciously from my daily life, a narrative unfolds.

It is the everyday point of view that I can touch and easily access.

Color is primary. I have an vibrant oil paint colors, undiluted and used right from the tube because of

the high level of vibrational energy I can create. My hand, directed by my arm, directed by my body —wants to move— resulting in a loose and lyrical, alive-feeling brushstroke.